

NORTH IDAHO ENDOSCOPY CENTER
1607 LINCOLN WAY SUITE 100
COEUR D'ALENE, IDAHO 83814

208-665-9184

PLEASE NOTE: THERE WILL BE TWO SEPARATE CHARGES FOR YOUR PROCEDURE. ONE FROM THE GASTROENTEROLOGIST AND ONE FROM NORTH IDAHO ENDOSCOPY CENTER.

GASTROSCOPY

Patient: _____ Phone: _____

Gastroenterologist: _____

- Date of procedure: _____
- Time to arrive: _____
Your arrival time may need to be adjusted based on the doctor's schedule
- Where to check in: _____ NORTH IDAHO ENDOSCOPY CENTER – 1st FLOOR
- If your test is in the morning, take your heart and blood pressure medication one hour before your test with a small amount of water
- If your test is in the afternoon, take your medication at your usual time in the morning.
- Blood thinners:**
Stop Coumadin/Plavix _____ days prior to exam.
Stop Aspirin / NSAID: _____ days prior to exam.
- Oral diabetic medications:**
Day before exam hold evening dose.
Day of exam hold morning dose.
- Insulin:** Day before exam take ½ of evening dose.
Day of exam hold dose.
- YOU WILL NEED TO HAVE A DRIVER BECAUSE YOU WILL HAVE SEDATION**
- ❖ The time for your procedure and recovery may vary, we will give you an estimated time that you will be here.
 - ❖ Please ask your driver to be flexible as to the time to pick you up.
 - ❖ If your driver needs to leave, please let us know how we can contact them.
 - ❖ We ask that your driver return to the waiting room at the estimated time of recovery or discharge.
- Bring reading glasses if needed

DAY BEFORE YOUR PROCEDURE:

No solid food after midnight

DAY OF YOU PROCEDURE:

Clear liquids are allowed up till 4 hours before your test